COVENANT FAMILY CHAPEL First Fruit Fasting (21 days) from 6 am-6 pm January 13-February 2, 2025

INFORMATION AND PRAYER POINTS

FASTING & PRAYER FUNDAMENTALS

Biblical fasting involves abstaining from food for spiritual reasons, requiring significant discipline and strength. To put it simply, just as dieting demands self-control, fasting entails using that time to pray instead of eating. We believe that by dedicating ourselves to prayer and seeking God earnestly, He will bless us throughout the entire year.

Fasting and Prayer as a FirstFruit

The Firstfruit Principle within the Kingdom of God is elucidated in Romans 11:16, which states that "the entire batch of dough is made holy because the

portion given to God as an offering is holy." This implies that when an individual offers a "prized representation" of a collective group as a sacrifice or designates it specifically to honor God, they acknowledge Him as the source and sustainer of their existence. The "prized representation" serves as a form of first fruit, through which God extends blessings to the remainder of the offerings. Consequently, as a congregation, we dedicate the initial month of the year to the Lord through fasting and prayer, with the understanding that this act will invoke divine blessings upon the subsequent months of the year.

Our Collective Focus

Strength to Pursue God's Purposes – Judges 8:4

What can I eat after we break the fast daily at 6 pm?

Fruits, Vegetables, Natural Juices, Water

Why should I fast?

You might be asking why fasting is necessary. Here are several reasons that could prompt a fast:

- Do you want to understand God's will for your life?
- Is there a dream within you that only God can bring to fruition?
- Are you seeking a deeper and more impactful relationship with the Lord?
- Do you need a renewed encounter with Him?
- Do you wish to become more attuned to God's matters?
- Are you seeking freedom from curses and bondage?
- Do you require healing or a miracle for yourself or someone else?

Scriptural References for Fasting and Prayer

Matthew 6:16-18, Matthew 9:14-15, Luke 18:9-14; 1 Samuel 7:5-6, Ezra 8:21-23, Nehemiah 9:1-3, Joel 2:15-16, Jonah 3:5-10, Acts 27:33-37

Different Types of Fasting in the Bible

The scriptures outline various types of fasts:

- <u>Full Fast</u> Consuming only liquids for a set number of days.
- <u>Daniel Fast</u> Avoiding meat, sweets, and bread while drinking water and eating fruits and vegetables (Daniel 1:12; 10:3).
- **Partial Fast** Fasting for a specific period that you determine.

QUICK TIPS ON FASTING & PRAYER

Getting Started:

Reflect on your reasons for fasting. Are you seeking guidance, healing, or resolution for marital or family issues?

Spiritual Preparation:

Confess your sins to God and ask the Holy Spirit to highlight your weaknesses. Extend forgiveness to those who have wronged you and seek forgiveness from anyone you may have hurt (Luke 11:4; 17:3-4).

Choosing Your Fast:

The kind of fast you undertake is your choice. Just remember to fill that time with prayer and Bible study.

What to Anticipate:

Fasting can lead to detoxification in your body, which may result in *mild discomforts like headaches, irritability, and hunger pangs*. Limit your physical activities and exercise lightly. Allow yourself time to rest, listen to praise and worship music, and pray frequently throughout the day.

Try to minimize distractions and focus on seeking God.

How to Conclude:

Avoid overeating; instead, gradually reintroduce solid foods by starting with small portions or snacks.

CORPORATE PRAYER DURING THE FAST

Prayer Schedule:

Daily prayers are held from 5 am to 6 am, 12 pm to 1 pm, 5 pm to 6 pm, and 10 pm to 11 pm.

Meeting Locations:

- 1. From Monday to Saturday, join the prayer conference by calling 253 993 3029. You can also pray during your mealtimes if our scheduled prayer times are not convenient for you.
- 2. On Sundays, we meet at the church from 10 am to 12:30 pm, and for the rest of the day, we will be available on the phone.

Medical Guidance:

IF YOU ARE TAKING MEDICATION, PLEASE CONSULT YOUR DOCTOR. However, I encourage you to have faith in God during this time as we fast and pray for your healing.

If you are in charge of leading a corporate prayer session, take note of the following

Each Prayer Time Should

- Start with Worship and or <u>Praise</u>.
- Ask God for <u>Forgiveness of sins</u>.
- Pray over the daily <u>assigned topics</u> using the scriptures assigned and the Lord will lead you.
- End by thanking and praising God for answered prayer.

DAILY PRAYER POINTS

DAY 1 - Monday, January 13, 2025

Focus: Consecration- Preparing Our Hearts

Scriptures: Joshua 3:2-5

- 1. Father, as I dedicate my heart to seek you through prayer and fasting, I ask for your forgiveness for my rebellious actions. I plead for your mercy and grace. Please forgive me for the wrongs I have committed, even those I was aware of 1 John 1:8-9.
- 2. Lord, I am grateful that you have not treated me according to my sins, but rather with mercy Psalm 103:10-12.
- 3. Father, I recognize that I am forgiven because of your immense mercy, which has removed my sins from me.
- 4. Lord, I am returning to You. May my heart always seek to please you 2 Chronicles 30:9.

- 5. Lord, I desire to feel conviction. Convict me of sin whenever I engage in anything contrary to your will.
- 6. Lord, sanctify me. Bring me to a place where only your Holy Spirit can satisfy me. Fill me with the Holy Spirit today.
- 7. Lord, help me to live in the Spirit. I am weary of conforming to the ways of others. I want to be different.
- 8. Empower me to remain strong during the physical challenges of the fast and to deepen my faith. I rely solely on you. I acknowledge that you alone are my Strength, O God.

DAY 2 - Tuesday, January 14, 2025

Focus: Our Relationship with the Holy Spirit Scriptures: Galatians 5:16

Prayer Points:

1. Lord, I bring before You my desire to be guided by Your Spirit. Holy Spirit, reveal to me any ways in which I may be causing You sorrow, suppressing, or resisting Your presence.

- 2. Convict me and assist me in fostering a daily relationship with You. Help us to walk in alignment with You each day.
- 3. Reign within us so that we can experience Your freedom.
- 4. Incorporate the following scriptures into my prayers: Ephesians 4:30; 1 Thessalonians 5:19; Acts 7:51; John 16:8; Psalms 143:10; Galatians 5:25; 2 Corinthians 3:17; Galatians 5:18; Romans 8:6.
- 5. I earnestly seek and strive for spiritual gifts. Reveal to me the gift that You have bestowed upon me (1 Corinthians 12:31; 14:1,39).
- 6. I pray against any false gifts of the Spirit in my life and the global church (2 Corinthians 11:14).
- 7. Lord, assist me in nurturing and developing the motivational gifts (motivating others) within me.
- 8. Father, I ask for Your help in ministering to others through the power of the Holy Spirit (1 Peter 4:10).

DAY 3 - Wednesday, January 15, 2025

Focus: Awareness of the Presence of God Scriptures: Genesis 28:16, Exodus 33:15-16

- 1. Father, show me how to live in a place where I am aware of your presence. I hand over my heart to You, and I say, search me and know me, show me anything in my life that is keeping me from being as close as I can be with You. (Psalm 139:23-24)
- 2. Holy Spirit, will You show me what I should let go, of so I can attract your manifested presence all the time? Lord, show me if there is any pride, bitterness, malice, desire for worldliness, etc. in me that makes it difficult for me to dwell in your presence.
- 3. Pray Psalm 51:10-12, Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from thy presence or take not your Holy Spirit from me. Restore to me the joy of thy salvation and uphold me with thy free Spirit.

- 4. Lord, I permit you to do the work that only You can do in my heart. Renew and restore any damage that my sin has done in my life.
- 5. Please send your fire \bullet just like the day of Pentecost upon me and refill me.
- 6. Father, teach me how to remain in the secret place of Your presence. May I maintain a constant awareness of Your presence wherever I am.

DAY 4 - Thursday, January 16, 2025

Focus: Walking in Obedience to the Lord Scriptures: 2 Corinthians 10:3-5; Jeremiah 7:21-23; Luke 22:42-43

- 1. Father, grant me the discernment to recognize when I am being misled and open my heart to all truths. Help me to consistently identify and acknowledge the truth.
- 2. Show me the true state of my heart and renew the right spirit within me. Please take away the

- pride that prevents me from seeing myself as You see me.
- 3. Fill my heart with remorse for the actions that have caused You sorrow.
- 4. Protect me from being misled by hollow philosophies and deceitful ideas. Strengthen me with Your power so that I am not swayed by the enemy's schemes. (Colossians 2:7-8)
- 5. Instill in me a strong yearning for righteousness and holiness, so that I can keep a teachable heart.
- 6. Lord, help me recognize when I am being rebellious and acting against Your will. May I always remember that I will reap what I sow?
- 7. Assist me in forgiving those who have wronged me and in showing mercy as You have shown mercy to me. Please remove any bitterness from my heart so that I can love others as You command.
- 8. Fill me with Your goodness so that treating others well becomes second nature.
- 9. Grant me the strength to resist temptation and harmful habits that may seek to control me.

- 10. Open my ears to hear Your voice as Your Spirit guides me. Help me to never cause grief to Your Spirit.
- 11. Instill in me a desire to obey You and the ability to bring You joy.

DAY 5 - Friday, January 17, 2025

Focus: Guidance in Life

Scriptures: Isaiah 30:21; Psalm 16:7-8; Psalm 37:23

- 1. Thank you, Lord, for having a flawless plan for my life.
- 2. I pray for insight into the path you want me to take so that I can align with your will.
- 3. Your scripture in Psalm 16:7-8 reminds me that you will provide counsel; even at night, my heart will guide me. I will keep my focus on the LORD, and with Him by my side, I will remain steadfast.

- 4. God, you are aware of my current situation. You designed my life before I even existed; I seek your perfect will now.
- 5. Please reveal your path to me and steer my life, guiding me beyond my understanding into your perfect will. I ask for it, accept it, and have faith in it.
- 6. Father, I request extraordinary wisdom and ideas that will lead to significant success and prosperity.
- 7. I worship You, Father. I am grateful that You will guide, lead, and accompany me. I will follow your Holy Spirit.
- 8. Help me to find joy in your ways, O God.

DAY 6 - Saturday, January 18, 2025

Focus: Developing Prayer and Worship Lifestyle Scriptures: 1 Samuel 12:23-24; John 15:4-5

Prayer Points:

1. Lord, You promised that if Your Word remains in us, we can ask for anything and it will be

- granted. Therefore, let our desires align with Yours. Do as You wish in our lives. (Luke 22:42)
- 2. We ask You, Father, to bestow upon us a new spirit of prayer. Teach us to dwell in Your presence every day.
- 3. Lord, transform us into intercessors who are willing to be emptied, broken, renewed, and filled with Your life-giving breath. Help us to become intercessors shaped by Your love.
- 4. We ask You, heavenly Father, to grant us persistence in prayer until every task is completed.
- 5. Lord may our prayers flow continuously as we advocate for others and intercede on their behalf. Help us to remain steadfast in praying for others 1 Samuel 12:23.
- 6. Lord, we dedicate our lives to You because we seek a deeper and more profound intimacy with You. Reveal more of Yourself to us during our worship times. (Joel 2:12-13)
- 7. We pray for an increased sensitivity to the guidance and promptings of the Holy Spirit in our personal lives and during our collective

- worship as a church. We ask for greater manifestations of God's presence in our worship gatherings.
- 8. We also pray for our worship team, that they may grow closer to Jesus, and lead worship from the abundance of their relationship with God.

DAY 7 - Sunday, January 19, 2025

Focus: Strength to Endure

Scriptures: Isaiah 40:29-31; Psalm 62:8;

2Corinthians 12:9; Philippians 4:13; Galatians 6:8-9; Revelations 2:10; 3:2

- 1. Father, I request that you grant me renewed strength as my body is weak.
- 2. In the name of Jesus, I proclaim that I will not grow weary during tough times. I pray that every discouraging circumstance in my life will be revitalized.

- 3. Lord, empower me to overcome every adverse situation.
- 4. Lord, assist me in aligning my desires with your will, as this is the only path through which your children receive strength (Luke 22:42-43).
- 5. Master Jesus, I seek the strength to persevere until I witness the fulfillment of your promises (Galatians 6:8-9).
- 6. Please bring people into my life who will support me in prayer and help me, as I also assist them.

DAY 8 - Monday, January 20, 2025
Focus: Marriages and Wisdom in Parenting
Scriptures: Ecclesiastes 4:12; Ephesians 4:2-3;

1Peter4:8; Genesis 18:19; Deut. 6:6-9; Isaiah 54:13

- 1. Lord help couples to love each other and may they unite no matter the issues they are facing.
- 2. Lord help couples to accept each other just as you have accepted us.

- 3. In difficult situations, I pray for your strength for both.
- 4. In times of difficulty give couples the patience and the grace to succeed. I pray that they will find the wisdom of God through godly counsel
- 5. Lord, I lift single parents in our church and this community before you. May they know you are their defender and their protector? (Ps. 68:5)
- 6. Help families with a single parent to relax in Your grace and provision, which is more than enough for every weakness, and need (Phil. 4:19).
- 7. Father, I pray for parents to develop a passionate relationship with you that will be an example to their children (Deut. 6:5-6).
- 8. Lord help parents to understand our children's greatest need.
- 9. Help me, Lord, to teach and command my children to keep Your ways and word.
- 10. I pray for wisdom, love, and the ability to care for parents to help their children in difficult times.

- 11. I pray that as parents we would not provoke our children but nurture them in love.
- 12. When I speak as a parent let my words be words of blessing and not curses (Genesis 27:34, Mark 10:13-14

DAY 9 - Tuesday, January 21, 2025 Focus: Becoming Compassionate towards People Scriptures: Matthew 9:12; Luke 10:30-35 1 John 3:17-18; Psalm 72:12-13

- 1. Lord, grant me a compassionate heart so that I can be a source of blessing to those who are unaware of you.
- 2. Lord, show mercy to the poor (Psalm 72:12-13) and allow them to feel your compassion through my actions.
- 3. Like the good Samaritan, help me to be sensitive to those in need and provide me with enough resources to assist them.

- 4. Open my eyes to those who are hurting, whether in church, at work, or in my community, and make me a tool for their healing.
- 5. I pray, Father, that I may embody compassion in every moment and situation of my life.

DAY 10 - Wednesday, January 22, 2025
Focus: Mercy of God Concerning Legal Issues
Scriptures: Daniel 9:18-19; Lamentations 3:20-24;
Romans 9:16; Matthew 15:21-28; James 2:13

Prayer Points:

¹⁸ Listen closely, my God, and hear. Open your eyes and see our desolations and the city that bears your name. For we are not presenting our petitions before you based on our righteous acts but based on your abundant compassion. ¹⁹ Lord, hear! Lord, forgive! Lord, listen and act! My God, for your own sake, do not delay, because your city and your people bear your name. Daniel 9:18-19 (Christian Standard Bible)

O Lord, you are my lawyer! Plead my case! For you have redeemed my life. Lamentations 3:58 (Living Bible)

Prayer Points:

- 1. Lord, you are the God who grants mercy to those who seek it; please show me your mercy.
- 2. Father may your mercy prevail over your judgment in my life (James 2:13).
- 3. Lord, your word tells me that you make choices based on mercy (Romans 9:16). I ask that your mercy selects me and that it never runs out in my life. In any legal matters (such as immigration), may your mercy be upon me.
- 4. Lord may your mercy lead me to blessings I do not deserve (Matthew 15:26-27).
- 5. May the smallest acts of mercy bring me the miracle I am seeking from You.

DAY 11 - Thursday, January 23, 2025
Focus: Health & Healing (Physical and Emotional)

Scriptures: Jeremiah 30:17; Isaiah 53:5; Psalm 30:2-3; 43:5; Psalm 103:2-4; 107:19-20; 1Peter 2:24

Prayer Points:

- 1. I pray for healing for those who are suffering physically, emotionally, mentally, and in other ways.
- 2. I proclaim healing from chronic illnesses and all types of diseases in the name of Jesus.
- 3. As a child of God, I embrace the miracle of healing for myself and my loved ones. Father, may your healing power touch every life.
- 4. Lord, I seek your mercy; please heal me and those I am praying for. Anything in my body that is causing pain or harm, I declare that I am healed in Jesus' name.
- 5. I affirm that "by his stripes" I am healed.

DAY 12 - Friday, January 24, 2025

Focus: The Church Universal

Scriptures: Jeremiah 30:17; Isaiah 53:5; Psalm 30:2-3; 43:5; Psalm 103:2-4; 107:19-20; 1Peter 2:24

Prayer Points:

I pray for:

- 1. Pastors (2 Corinthians 4:1; 1 Corinthians 4:1-3; Exodus 33:13)
- 2. Leaders (1 Timothy 5:17; Acts 6:3-4; 1 Timothy 3:1-2, 8-9, 12; Titus 1:7)
- 3. Children and Youth (Matthew 18:3-4; 20:11; Ecclesiastes 12:1; Psalm 71:17; 2 Timothy 2:22)
- 4. Adults (Ephesians 4:1; 2 Thessalonians 1:11; Psalm 132:9; Isaiah 61:10; 3:4)
- 5. The Unsaved within the church (1 Thessalonians 1:5; Colossians 4:5; 2 Thessalonians 2:15; 2 Corinthians 4:4)
- 6. Youth workers (1 Thessalonians 1:5; Colossians 4:5; 2 Thessalonians 2:15; 2 Corinthians 4:4)
- 7. Behind-the-scenes workers (1 Corinthians 16:15; 2 Corinthians 9:12-13; James 3:13; Ephesians 6:7)
- 8. Children's workers (Mark 10:14; Deuteronomy 4:9; 29:29; 30:19; Proverbs 22:6; 3 John 1:4)

- 9. Increased focus on prayer both corporately and individually (Mark 11:17; 1 Peter 4:7; 1 Timothy 2:1; Ephesians 6:18; 1 Thessalonians 5:17; Philippians 4:6; Psalm 32:6; Ezekiel 22:30; James 5:16)
- 10. Love and Unity (1 Peter 1:22; John 13:34-35; Romans 15:5-7; Colossians 3:14)
- 11. Financial growth (2 Corinthians 9:6-11; Malachi 3:10)
- 12. Missions and Outreach (Hebrews 13:16; Philippians 2:4; Colossians 1:7; Jude 1:23)
- 13. Growth and Evangelism (Acts 2:47; 1 Corinthians 4:15; 1 Peter 3:1-2; Colossians 1:13; 2 Corinthians 5:20)
- 14. Protection from the enemy (John 17:15; Matthew 6:13; Matthew 10:14; 1 John 4:1; 2 Corinthians 11:14; 2 Timothy 2:11)
- 15. The surrounding community (Galatians 5:14; Proverbs 3:28; Isaiah 61:4; Luke 10:5-6)

DAY 13 - Saturday, January 25, 2025

Focus: Idleness and Indifference in our lives

Scriptures: Matthew 20:1-16

- 1. Pray against laziness and apathy in your life and within our church community.
- 2. Request the Lord's assistance in avoiding indifference in this church.
- 3. Seek His guidance to help you engage in His work at Covenant Family Chapel.
- 4. Incorporate the following scriptures into your prayers: Proverbs 13:4; 18:9; Luke 12:43; 1 Timothy 5:13.
- 5. Ask the Lord to show you what actions you should take for His kingdom, as referenced in Matthew 20:1, 7.
- 6. Pray that when He reveals His will to you, you will accept it wholeheartedly, regardless of your personal preferences, and commit to it.
- 7. Request that He grant you the discipline to serve diligently.
- 8. Use these scriptures in your prayers: Isaiah 6:8; Matthew 9:37-38; Luke 10:2; 19:13; John 4:35.

DAY 14 - Sunday, January 26, 2025

Focus: Tear your Heart before the Lord Scriptures: Joel 2:12-19

Prayer Points:

- 1. LORD purify us once again, sanctify and purge your church with your Holy Blood. [Joel 2:12-19]
- 2. LORD, as we seek Your face help us cut off every form of the works of the flesh in our lives and the church. [Gal. 5:19-21].
- 3. We Pray for fresh grace and self-discipline to live in purity to please Christ Jesus all the days of your life. [Psalm 119:133]
- 4. Let the yoke of sin that dominates our lives be broken in Jesus' name. [Isaiah 10:27]

DAY 15 - Monday, January 27, 2025

Focus: Youth and Young People

Scriptures: Psalm 119:9-16; Proverbs 3:1-6

- 1. Today, I come before you, Father, on behalf of the youth in my country and across the globe. I ask that you instill in this generation a desire to submit to you - Psalm 119:9.
- 2. Teach the youth of today to seek you and follow your will. I pray for engaging and impactful ministry programs that will draw them closer to your heart and ground them in your Word Psalm 119:10.
- 3. I pray for individuals who are willing and capable of ministering to the youth. May there be church members whose hearts are inclined towards young people and who are specially equipped to connect with this sometimes hard-to-reach generation Psalm 119:12-14.
- 4. Father, instill in today's youth a deep yearning for you and a desire to live according to your Word. Ignite in them a passion to share their testimonies and the Gospel with everyone they encounter Ps 119:15-16.

- 5. I pray for the relationships of today's youth—those with family, friends, authority figures, and you, Father. Grant this generation an abundance of your grace and kindness so they may experience and extend your love. Let your truth prevail in their lives, Lord Proverbs 3:3-4.
- 6. I ask that today's youth learn to depend on you, to walk in your will, and to always follow your guidance. Help them to grow steadily in their knowledge of and faith in you, making them a beacon of your love Proverbs 3:5-6.

DAY 16 - Tuesday, January 28, 2025

Focus: Police, Firefighters, Community Workers Scriptures: Mark 9:35; Phil. 2:1-10; Galatians 5:13-15

Prayer Points:

1. I express my gratitude, Father, for the opportunity to know you and be part of your family. Today, I lift civil servants working in various public service roles.

- 2. I appreciate the work they do and pray that they remain attuned to the needs of the people and communities they serve, prioritizing others' interests above their own. I specifically pray for those I know personally.
- 3. Just as Christ humbly came to serve the world, I ask that these workers carry out their duties with humility in service to the people. Grant them wisdom in their decision-making and tasks that impact their communities.
- 4. Father, protect those who put themselves in harm's way for the benefit of their communities. Keep them and their families safe in your care and provide them with discernment and strength in dangerous situations.
- 5. I pray that through the efforts of these civil servants in public service, you will be glorified. May the name of Jesus be exalted in my nation through the actions of those who serve our communities.

DAY 17 - Wednesday, January 29, 2025 **Focus: Walking in Divine Favor**

Scriptures: Psalm 5:12; Hebrews 4:16

- 1. Father, I am grateful that this is my year to shine as a light. I proclaim that I am a beacon to others, and I am consistently experiencing God's unmerited favor throughout the year January, February, and so on.
- 2. I proclaim that I will witness extraordinary growth and advancement Genesis 39:21.
- 3. I declare the restoration of everything that has been taken from me by the enemy Exodus 3:21.
- 4. I affirm that I will receive honor even in the presence of my adversaries Exodus 11:3.
- 5. I declare an increase in my assets, particularly in real estate Deuteronomy 33:23.
- 6. I proclaim significant victories even in seemingly impossible situations Joshua 11:20.
- 7. I declare that I will be acknowledged even when I appear to be the least likely candidate 1st Samuel 16:22.
- 8. I affirm that I will receive prominence and special treatment Esther 2:17.

- 9. I declare that my requests will be granted, even by those in authority who do not follow God Esther 5:8.
- 10. I proclaim a reversal of policies, rules, regulations, and laws in my favor Esther 8:5.
- 11. I declare that I will triumph in my struggles because God will fight on my behalf Psalm 44:3.

DAY 18 - Thursday, January 30, 2025

Focus: Walking in Divine Favor

Scriptures: Psalm 5:12; Hebrews 4:16

- 1. Father, I am grateful that this is my year to shine as a light. I proclaim that I am a beacon to others, and I am consistently experiencing God's unmerited favor throughout the year January, February, and so on.
- 2. I proclaim that I will witness extraordinary growth and advancement Genesis 39:21.

- 3. I declare the restoration of everything that has been taken from me by the enemy Exodus 3:21.
- 4. I affirm that I will receive honor even in the presence of my adversaries Exodus 11:3.
- 5. I declare an increase in my assets, particularly in real estate Deuteronomy 33:23.
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- 7. I declare that I will be acknowledged even when I appear to be the least likely candidate 1st Samuel 16:22.
- 8. I affirm that I will receive prominence and special treatment Esther 2:17.
- 9. I declare that my requests will be granted, even by those in authority who do not follow God Esther 5:8.
- 10. I proclaim a reversal of policies, rules, regulations, and laws in my favor Esther 8:5.
- 11. I declare that I will triumph in my struggles because God will fight on my behalf Psalm 44:3.

DAY 19 - Friday, January 31, 2025

Focus: Making Declarations

Scriptures: Psalm 34:1-3; Psalm 113:1-9; Psalm 96:1-

10; Psalm 103:1-5; Psalm 107:1-9; Psalm 104:1-9

- 1. I proclaim that the heavens above Covenant Family Chapel are open. Thank you, Holy Spirit, for descending upon us with Your mighty power. (Matthew 3:16-17)
- 2. Send Your wind to sweep over Covenant Family Chapel this year. May the sound of the powerful rushing wind of the Holy Spirit fill the congregation and the entire church. (Acts 2:1-2)
- 3. Reach out to our youth. Enter their spaces and their screen time, allowing them to prophesy in alignment with Your words. (Joel 2:28)
- 4. Holy Spirit, come into Covenant Family Chapel and act as a refiner's fire, purifying the hearts and minds of our leaders and members so that we may lead lives that honor the Lord. (Malachi 3:2-3)

- 5. Holy Spirit, let Your wind of conviction blow strongly over Covenant Family Chapel so that every member feels the weight of sin, righteousness, and judgment. (John 16:8-10)
- 6. The Holy Spirit arrives with His fire, igniting the hearts of every church member for the kingdom of God. (Acts 2:1-4)
- 7. Bestow upon Covenant Family Chapel the spirit of wisdom and understanding, the spirit of counsel and strength, as well as the spirit of knowledge and reverence for the Lord. (Isaiah 11:2)
- 8. Holy Spirit, revive the mortal bodies of every church member and make Covenant Family Chapel Your home. Open the hearts of all members to Your presence and ministry. (Romans 8:11)
- 9. I declare that every dry and lifeless bone in Covenant Family Chapel will come to life through the power of the Holy Spirit. (Ezekiel 37:9-11)
- 10. Restore everything that needs to be restored so that we can rise as the army of God. Address

every spiritual issue in our lives. (Ezekiel 37:4-10)

DAY 20 - Saturday, February 1, 2025

Focus: Making Declarations

Scriptures: Psalm 34:1-3; Psalm 113:1-9; Psalm 96:1-

10; Psalm 103:1-5; Psalm 107:1-9; Psalm 104:1-9

- 1. I proclaim that the heavens above Covenant Family Chapel are open. Thank you, Holy Spirit, for descending upon us with Your mighty power. (Matthew 3:16-17)
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- and minds of our leaders and members so that we may lead lives that honor the Lord. (Malachi 3:2-3)
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- 8. Holy Spirit, revive the mortal bodies of every church member and make Covenant Family Chapel Your home. Open the hearts of all members to Your presence and ministry. (Romans 8:11)
- 9. I declare that every dry and lifeless bone in Covenant Family Chapel will come to life

through the power of the Holy Spirit. (Ezekiel 37:9-11)

10. Restore everything that needs to be restored so that we can rise as the army of God. Address every spiritual issue in our lives. (Ezekiel 37:4-10)

DAY 21 - Sunday, February 2, 2025

Focus: Thanksgiving

Scriptures: Psalm 103:1-5; Psalm 104:1-9; Psalm 105:1-8

- 1. Psalm 103:1-10 Express Gratitude for God's BLESSINGS
 - a. My soul, praise God! I will honor His holy name from head to toe!
 - b. My soul, praise God for forgiving all my sins.
 - c. My soul, praise God for healing my illnesses.

- d. My soul, praise God for redeeming and saving me from damnation.
- e. My soul, praise God for surrounding me with love and compassion.
- f. My soul, praise God for enveloping me in goodness.
- g. My soul praises God for continually renewing me in His presence.
- h. Father, I thank You for making everything right and helping those who are suffering to stand again.
- i. Father, I thank You for Your patience. Lord, You do not constantly criticize or hold onto anger, and I praise You for not treating me according to my sins or repaying me for my wrongdoings.
- 2. Psalm 104:1-9 Praise God as the CREATOR
- 3. Psalm 105:1-8 Thank God for His FAITHFULNESS

May God bless you as you seek Him in 2025, granting you the strength to move forward as the year unfolds.